

PRESENTS RELEASES FROM:

ACXDC, ARCHAGATHUS, ASSHOLEPARADE, BACKSLIDER, BEARTRAP,
BRIAN WALSBY, CAPITALIST CASUALTIES, CHEST PAIN, CONGA FURY,
EDDIE BROCK, GET DESTROYED, LAPSE, MAGRUDERGRIND,
MALPRACTICE INSURANCE, MEHKAGO N.T., NASHGUL, NOCOMPLY, OSK,
P.L.F., RAPE REVENGE, SEX PRISONER, SIDETRACKED, SHITSTORM, SUFFERING LUNA,
TORCH RUNNER, TOTAL FUCKING DESTRUCTION, XBRAINIAX

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ACXDC He Had It Coming, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: ACXDC

TITLE: He Had It Coming **LABEL:** TO LIVE A LIE

CAT#: TLAL64AB

FORMAT: 7'

GENRE: Grindcore

BOX LOT: NA SRLP: \$5.48

UPC: 616983334836

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Dumb N Dumbshit
- 2. Death Spare Not The Tiger
- 3. Anti-Christ Demon Core
- 4. Turtle Power
- 5. Jack Trippin'
- 6. Wookies Have Feelings Too
- 7. We Kill Christians
- 8. Sexual Fantasies of Biblical Figures

INFORMATION:

Artist Hometown: Los Angeles, CA

Key Markets: LA & CA, Texas, Arizona, DC, Baltimore MD,

New York, Canada, Germany

For Fans of: MAGRUDERGRIND, NASUM, NAPALM DEATH,

DESPISE YOU

ANTI-CHRIST DEMON CORE's He Had it Coming repress features the original six song EP released in 2005 plus two tracks from the same session off the A Sign Of Impending Doom Compilation. The band formed in 2003, recorded these songs in 2005 and then vanished for awhile on a many-year hiatus, only to resurface and record and release a brilliant new EP and begin touring again in 2011/2012. The original EP is long sought after by grindcore and powerviolence fiends around the country and this is your chance to grab the limited repress.

Marketing Points:

- Hugely Popular Band
- Repress of Long Sold Out EP
- Huge Seller
- Two Extra Songs In Additional To Originals
- Two Bonus Songs Never Before Pressed To Vinyl, In Additional To Originals



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ACXDC Second Coming, 7"

STREET DATE: **AVAILABLE NOW!**



ARTIST: **ACXDC**

TITLE: Second Coming TO LIVE A LIE LABEL: CAT#: TLAL64CD

FORMAT:

Grindcore **GENRE:**

BOX LOT: NA SRLP: \$5.48

UPC: 616983334843 **EXPORT:** NO RESTRICTIONS

Tracklist:

- 1. Dumb N Dumbshit
- 2. Death Spare Not The Tiger
- 3. Anti-Christ Demon Core
- 4. Turtle Power
- 5. Jack Trippin'
- 6. Wookies Have Feelings Too
- 7. We Kill Christians
- 8. Sexual Fantasies of Biblical Figures

INFORMATION:

Artist Hometown: Los Angeles, CA

LA & CA, Texas, Arizona, DC, Baltimore MD, New York. **Key Markets:**

Canada, Germany

For Fans of: MAGRUDERGRIND, NASUM, NAPALM DEATH,

DESPISE YOU

Seven years since their first vinyl output and after coming back from an extended hiatus, a fully-rested ANTI-CHRIST DEMON CORE produce their glowing sophomore release. The best description was written by Cyltnation: "This one is for the kids, & after listening to California's ACxDC's new album called The Second Coming, I know the kids will be united. Now nothing can tear them apart because they are bonded by grindcore super glue and a mixture of straight power violence with a dash of hardcore madness just to level everything off. All of the songs on this album are busting loose at the seams with rage & righteous fury. What really makes that the hairs on the back of my neck stand to fucking attention is the caustic groove that this band is able to put out. ACxDC are that kind of grindcore that makes your jawbones tighten up with excitement. They also have metallic riffs jumping off that are so rad that they fucking sound 3-D - it's like they should write a movie for their riffs to star in called "Night of Undead Riff That Kills all Suckers". These dudes love playing together & that can be heard in all of the band's material. ACxDC does not make songs, they create anthems for the world to get crunk to! You better recognize that this Los Angeles band of radical humans should not be fucked with, you might lose your mind when you hear so much raw power."

Marketing Points:

- Hugely Popular Band
- Much Anticipated New Album
- Huge Seller



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ARCHAGATHUS Canadian Horse, LP

STREET DATE: AVAILABLE NOW!



ARTIST: ARCHAGATHUS

TITLE: Canadian Horse **LABEL:** TO LIVE A LIE

CAT#: TLAL52 **FORMAT:** LP

GENRE: Grindcore, Mincecore

BOX LOT: NA **SRLP:** \$14.98

UPC: 616983334768

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Intro/Mincecore Fabio
- 2. Perennial Loser
- 3. Brain: Dead?
- 4. System: What?
- 5. Soap a Dope
- 6. Society's Dinner
- 7. Das Monkey
- 8. A Stupid Question
- 9. Insanity Dog
- 10. Intoxicating Aroma
- 11. Sexy Grinder
- 12. Hey Metallica
- 13. Fuck the System
- 14. Canadian Hoser
- 15. Hernie Dans Un Voyageur Chagrinant
- 16. Endoparasitic Girlfriend
- 17. The Night Wolf

INFORMATION:

Artist Hometown: Winnipeg, Manitoba, Canada

Key Markets: Canada; USA

For Fans of: AGATHOCLES, NASUM, NAPALM DEATH, MAGRUDERGRIND, UNHOLY GRAVE, ROT, DAHMER, MESRINE

Amped up Canadian mincecore, **ARCHAGATHUS** deliver their full-throttle, fully- packaged full-length. Full-color design, this is completely aerodynamic and ahead of its time, and comes with both a huge full-color poster and a download business card to make sure you can be cruising around listening to the newest and fastest tunes. This puppy reaches speeds of up to 18 songs in 25 minutes. Guest vocals by Seb of **DAHMER** fame. This is no record for just a grindcore record completist— this will easily fill the beginning extreme music nerd's mind with horses, crossed out music notes, and utter mind confusion. For fans of: Canada, horses, and Fabio.

Marketing Points:

- Full Color Packaging, Amazing Cover
- Poster & Download Card
- Much Sought After Mince Band; Member Of ELECTRO QUARTERSTAFF
 & UNDER PRESSURE



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ASSHOLEPARADE

Live in Rostock, 10"

STREET DATE: AVAILABLE NOW!



ARTIST: **ASSHOLEPARADE**

TITLE: Live in Rostock TO LIVE A LIE LABEL:

CAT#: TLAL₄₅ FORMAT:

GENRE: Hardcore, Fastcore Punk

BOX LOT: SRLP: \$14.98

> **UPC:** 616983334737

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Serve And Protect (Citizens Arrest)
- 2. Mr. Rippington's Revenge
- 3. Mopheadboy
- 4. The Uncomfortable Goodbye
- 5. Hash Thrash
- 6. 700 Years
- 7. Just A Reminder
- 8. Launch Ramp
- 9. Short Fast Recovery Plan
- 10. You Sunk My Battleship
- 11. Typical Gainesville Clique Scenario
- 12. Sample
- 13. Soldiers 2
- 14. Modern Problems
- 15. Bury You
- 16. Much Preesh
- 17. Dogbite
- 18. Prelude To Ignorance
- 19. Sick Of Talk (Infest)
- 20. As Nails Rust

INFORMATION:

Artist Hometown: Gainesville, FL

Key Markets: Florida, California, New York, Japan, Germany

For Fans of: NEOS, LARM, SLIGHT SLAPPERS, SPAZZ,

INFEST, SUPRESSION

Twenty-one tracks of raw seething hardcore of one of the greatest sets from one of the greatest fast hardcore bands ever. Pro-recorded live from the soundboard in Germany and professionally mastered. Gold foil printed cover- this is quite a deluxe release.

Marketing Points:

- **ASSHOLEPARADE** Has Many Releases on No Idea Records
- ASSHOLEPARADE Has Been Active for a Long Time & Is Extremely Popular
- Very Well-Recorded Live Session, Gold Foil Cover



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BACKSLIDER Maladapted, 7"

STREET DATE: **AVAILABLE NOW!**



ARTIST:

BACKSLIDER

TITLE:

Maladapted

LABEL:

TO LIVE A LIE

CAT#:

TLAL83

FORMAT:

GENRE:

Hardcore

BOX LOT: SRLP:

\$4.98

UPC:

616983334867

EXPORT:

NO RESTRICTIONS

Tracklist:

- 1. Identity Crisis
- 2. Sleep Eradication
- 3. Surface
- 4. Death Path
- 5. Sleep Less
- 6. Graveyard Plot
- 7. Human Factory Farm
- 8. Wasting My Life Waiting To Die

INFORMATION:

Artist Hometown: Philadelphia, PA

Key Markets: DC, Baltimore MD, Philadelphia, Boston, Austin, LA & CA

For Fans of: LARM, NEOS, INFEST, SPAZZ

Crushing fast songs ala SPAZZ or INFEST. This crazed fastcore duo is back at it again!

- Toured Europe & The USA
- Popular Band, New 10" Will Be On Six Weeks Records
- Fast Seller





BEARTRAPSleep Eradication, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: BEARTRAP

TITLE: Sleep Eradication **LABEL:** TO LIVE A LIE

CAT#: TLAL85

FORMAT: 7

GENRE: Hardcore

BOX LOT: NA SRLP: \$4.98

UPC: 616983334881

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Kill For A Cigarette
- 2. Grendel
- 3. Childhater

INFORMATION:

Artist Hometown: Boston, MA

Key Markets: Northeast; Europe

For Fans of: INFEST, SSD, TRASH TALK, SPAZZ, CEREMONY,

WEEKEND NACHOS

BEARTRAP bring their Boston style fast hardcore back with this one-sided EP as a follow up to their very popular *Nailed Shut* EP. More raw and DIY recorded this record brings out their true sound without sacrificing too much power due to the production. The band has been hardened with relentless touring of Europe and the US and is really proving its status with this newest recording.

- New EP, Right After The Band Has Toured All Over Europe
- Band Tours Religiously
- Straight Edge Affiliation, Upcoming Interview In MRR

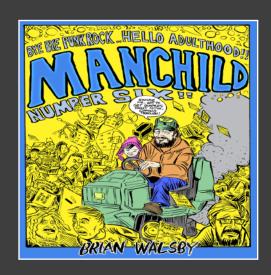




BRIAN WALSBY

STREET DATE: AVAILABLE NOW!

Manchild 6: Bye Bye Punk Rock... Hello Adulthood, Book



ARTIST: BRIAN WALSBY

TITLE: Manchild 6: Bye Bye Punk

Rock... Hello Adulthood

LABEL: TO LIVE A LIE

CAT#: TLAL90

FORMAT: Softcover Book
GENRE: Punk Comic

BOX LOT: NA

SRLP: \$10.98

UPC: 9781621542858
EXPORT: NO RESTRICTIONS

Tracklist:

INFORMATION:

Artist Hometown: Raleigh, NC

Key Markets: Record Stores That Also Carry Books

For Fans of: DOUBLE NEGATIVE, CORROSION OF CONFORMITY, PULLEY, DESCENDENTS, LOINCLOTH, SCARED STRAIGHT, MELVINS

After finally being suckered into fatherhood with the birth of his daughter Willow, Brian Walsby finally says, Goodbye punk rock, Hello Adulthood with the release of MANCHILD 6. Joining the ride is new publisher Will Butler of To Live a Lie Records. Will somehow believed in Brian enough to spend his own money on someone who obviously is out of touch, has betrayed the scene (any scene, take your pick) and has more or less moved on. Or has he? Despite the nonstop demands of diapers, real life responsibilities and taking the six-year-old Noble to school most of the time Brian has still somehow found precious time in coming up with new work. Filling out MANCHILD 6 are exclusive interviews straight from Brian's blog (INTROVERTED LOUDMOUTH) from the last couple of years with lengthy interviews with Richmond's TANNON PENLAND (LOINCLOTH), Raleigh's own incredible songwriter KENNY ROBY, The split personality of SCOTT RADINSKY (PULLEY, TEN FOOT POLE, SCARED STRAIGHT), guitarist STEPHEN EGERTON (THE DESCENDENTS and ALL) and a lengthy tour diary on the road with **MELVINS** right before Willow was born. Lots of good reading! So if you are at all interested in punk rock, fatherhood, MELVINS, potshots at people who deserve it, Mad magazine type satire and all of the other things that Brian Walsby is known for, MANCHILD 6 is a must have and a fine addition to a growing collection of hard work.

Marketing Points:

- **MELVINS** Content
- Sixth In A Popular Series Of Books
- Ex-Drummer Of **DOUBLE NEGATIVE**, People Know Him From the Series & the Band



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CAPITALIST CASUALTIES / NOCOMPLY A Painful Split, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: CAPITALIST

CASUALTIES / NOCOMPLY

TITLE: A Painful Split **LABEL:** TO LIVE A LIE

CAT#: TLAL60

FORMAT: 7" **GENRE:** Powerviolence

BOX LOT: NA **SRLP:** \$5.48

UPC: 616983334829

EXPORT: NO RESTRICTIONS

Tracklist:

CAPITALIST CASUALTIES:

- 1. Atomic Enemy Commission
- 2. Incorrect
- 3. Fuck The Christians
- 4. Greedy Bastards
- 5. Drinking Alone

NOCOMPLY:

- 1. Force Fed Violence
- 2. Violence Is Golden
- 3. Disgrace On Jedi Forces
- 4. Only Built For Cuban Lynx
- 5. Stop The Nonsensical Jabber
- 6. Still Got Beef With Roller Bladers
- 7. Napalm Bath
- 8. Low Expectations

INFORMATION:

Artist Hometown: San Francisco, CA and St. Augustine, FL

Key Markets: The world!

For Fans of: INFEST, NO LESS, GODSTOMPER, CROSSED OUT, MAN IS THE BASTARD, SPAZZ, CHARLES BRONSON, ASSHOLPEARADE

Think of the most amazing powerviolence splits of the past... CROSSED OUT / MAN IS THE BASTARD, INFEST / PHC, AGENTS OF SATAN / NO LESS, GODSTOMPER / SHORT HATE TEMPER, SPAZZ / CHARLES BRONSON, ASSHOLEPARADE / ANSOJUAN ... just to get your mind going. The power of the split record and smushing two of the best bands of a genre onto one record is so amazing. This split right here should have been thrown together in the 90's, and I should still be a pre-teen, but somehow it is 2011 and I convinced two of my favorite bands to put together a crushing split. **CAPITALIST CASUALTIES** dug deep in the vaults to find a crisp sound board recording from 1994. The recording was taken and cleaned up off the original tape and mixed down. Sort of like LIVE IN **NAGOYA** but with their OG lineup. In fact, this is the same set, different songs, from the Live Butchery EP that is completely impossible to find. **NOCOMPLY** material is an equally amazing time capsule of music. Their recordings were pulled off a long lost DAT tape that Justin found while pulling material together for a potential NxCx discography. The material was literally forgotten about and it happens to be an old studio recording of material that was going to be for a split with CHARLES BRONSON on 625 Thrashcore in 1997. The icing on this cake is that Travis Ginn from ASSHOLEPARADE makes an appearance splitting vocals on all but one of NxCx's tracks. Both sides provide 90's powerviolence as played in the 90's for all obvious reasons. This is both a powerviolence DeLorean ride and something both bands are exceptionally proud of to this day. Layout is a pilled up theme executed by yours truly, Will Butler. Limited copies of pill bottle orange records available. Record comes with DIY digital download card for 320KBPS MP3s of each side.

Marketing Points:

- Two Vintage Bands That People Still LOVE
- CAPITALIST CASUALTIES is Very Active, Jeff Actively Runs Six Weeks Records And Publishes Short, Fast, and Loud magazine
- NOCOMPLY Tracks Feature Travis Ginn, the Singer of ASSHOLEPARADE



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CHEST PAIN, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: CHEST PAIN

TITLE: CHEST PAIN LABEL: TO LIVE A LIE

CAT#: TLAL72

FORMAT: 7

GENRE: Powerviolence

BOX LOT: NA **SRLP:** \$4.98

UPC: 616983334799

EXPORT: NO RESTRICTIONS

Tracklist:

- North Coast Wizard Violence
- 2. S.O.B. Story
- 3. Wasted Effort
- 4. Wage Assist the Machine
- 5. Gandhi 2
- 6. Behold the Infinite Meaninglessness
- 7. Nihilgasm
- 8. Embrace Despair
- 9. Biscuit's Blues
- 10. Getting Old

INFORMATION:

Artist Hometown: Austin, TX

Key Markets: Texas; USA

For Fans of: INFEST, SPAZZ, MAN IS THE BASTARD, DESPISE YOU,

STAPLED SHUT, IRON LUNG, WEEKEND NACHOS

CHEST PAIN is a fairly new hardcore/PV band out of Austin that shares members with fellow Austin band, **FOR WANT OF**. **CHEST PAIN** has a familiar style, very similar to **IRON LUNG** and **WEEKEND NACHOS**, but they perform it so well that it never becomes stale or boring. If you enjoy fast, heavy, and pissed hardcore you will undoubtedly enjoy this...

- Repress Of Long Sold-Out EP
- CHEST PAIN Tours A Lot
- · Unique Sound





CONGA FURY / SHITSTORM Split, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: CONGA FURY /

SHITSTORM

TITLE: Split

LABEL: TO LIVE A LIE

CAT#: TLAL38

FORMAT: 7"

GENRE: Grindcore, Noisecore

BOX LOT: NA **SRLP:** \$4.98

UPC: 616983334775

EXPORT: NO RESTRICTIONS

Tracklist:

CONGA FURY:

- 1. Why?
- 2. Say Goodbye
- 3. Do It
- 4. True News

SHITSTORM:

- 1. Leadershit
- 2. Blindsided
- 3. Waste of Life/Overworked
- 4. Drug War
- 5. Neverending Genocide
- 6. Child Soldier

INFORMATION:

Artist Hometown: Miami, FL; Kochi City, Japan

Key Markets: Japan, Florida, Germany, DC, California

For Fans of: NASUM, NAPALM DEATH, DISCLOSE, D-CLONE, DISCHARGE, INSECT WARFARE, MAGRUDERGRIND, FORWARD

CONGA FURY and SHITSTORM were never meant to be paired up... Forces were against this unstable match-up as masters were lost between Japan and the USA thrice over a span of over two years, delays in recording, and the plates shattering while making test presses of this beast. Finally this release comes to fruition with a horrifyingly explosive energy as C-Beat meets G-Beat. Japan's CONGA FURY, masters of Kochi City hardcore, team up with Miami's connoisseurs of super-blasting grindviolence, SHITSTORM, to shake up the musical malaise that has infested both Japan and America. A monsoon of fury on one slab of vinyl!

Marketing Points:

- · Best-Selling Record
- Florida & Japan Both Represented
- Two Different Genres, Many Different Fans Will Be Interested



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EDDIE BROCK / LAPSE Split, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: EDDIE BROCK / LAPSE

TITLE: Split

LABEL: TO LIVE A LIE

CAT#: TLAL65 **FORMAT:** 7"

GENRE: Hardcore, Powerviolence

BOX LOT: NA SRLP: \$4.98

UPC: 616983334805

EXPORT: NO RESTRICTIONS

Tracklist:

EDDIE BROCK:

- Pointer Thumb Pinky
- 2. Absol

LAPSE:

- 1. Bonehead
- 2. Trend
- 3. Barbarize

INFORMATION:

Artist Hometown: Baltimore, MD

Key Markets: DC, Baltimore, Germany, New York

For Fans of: INFEST, WEEKEND NACHOS, SPAZZ, HATRED SURGE

Two heavy hitting powerviolence/hardcore bands from Baltimore-- one killer record!

- EDDIE BROCK's New EP Is On A389 & Has Received High Praise
- This Split Should Be Solid In & Around D.C.
- Will Entice Hardcore Loving People & Powerviolence Lovers Alike





GET DESTROYED Shut In, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: GET DESTROYED

TITLE: Shut In

LABEL: TO LIVE A LIE

CAT#: TLAL63

FORMAT: 7"

GENRE: Powerviolence, Hardcore

BOX LOT: NA **SRLP:** \$4.98

UPC: 616983334942

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Shut In
- 2. Horizon
- 3. Tinnitus
- 4. Pyramid Climbers
- 5. Gather Grange
- 6. Sort Out
- 7. If You Please
- 8. An Extension

INFORMATION:

Artist Hometown: Tempe, AZ

Key Markets: Arizona, DC, Baltimore, Texas; Germany

For Fans of: CROSSED OUT, HATRD SURGE.

LANDMINE MARATHON, INFEST, SPAZZ,

DESPISE YOU

Back from the ashes, **GET DESTROYED**! drop their third EP of brutal fastcore - their best yet. Pummeling contrasts between short blasts and hammer-crushing slow parts, GxDx are veterans of this style and never fail to devastate. Fans of early **HATRED SURGE** and **CROSSED OUT** take note. Special guest vocals from Grace Perry of **LANDMINE MARATHON**.

Marketing Points:

- Split Release With 625 Thrashcore
- Special Guest Vocals From Grace Perry Of LANDMINE MARATHON
- · Well-Established Underground Band



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MAGRUDERGRIND

Crusher, 10"

STREET DATE: AVAILABLE NOW!



ARTIST: MAGRUDERGRIND

TITLE: Crusher

LABEL: TO LIVE A LIE

CAT#: TLAL80 **FORMAT:** 10"

GENRE: GRINDCORE

BOX LOT: NA **SRLP:** \$14.98

UPC: 616983334706

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Leech
- 2. Conditioned Minds
- 3. Incapacity Reigns
- 4. Stagnant
- 5. Cognition

INFORMATION:

Artist Hometown: District of Columbia, Brooklyn, NY

Key Markets: Southeast Asia, to Europe, France, Germany, USA, this is actually a worldwide popular group.

For Fans of: NAPALM DEATH, NASUM, INSECT WARFARE, YACOPSAE, AGORAPHOBIC NOSEBLEED, UNHOLY GRAVE

Everything about this album has the makings of a masterpiece. It features an all-star production cast with recording by Kevin Bernsten of **TRIAC** and mastered by Scott Hull of **AGORAPHOBIC NOSEBLEED/PIG DESTROYER**. The album also featured Richard Johnson aka the Grindfather who is also of **AgN** and **DRUGS OF FAITH** fame, Domenic Romero of **PULLING TEETH** fame, and Himself The Majestic from the **SHADOWRUNNERS** crew. Crusher not only looks good on paper from all that but it delivers... crushing riffs and hooks, supreme blasts, and gutwrenching vocals. Any description from here won't do this album justice. This is THE grindcore 10" to get.

- Major Non-Scion Re-Release
- · Hugely Popular Band
- Limited Red Copies Mixed In
- · Comes With Digital Download Code





MEHKAGO N.T.

STREET DATE: AVAILABLE NOW!

Massive Fucking Headwounds, LP



ARTIST: MEHKAGO N.T.

TITLE: Massive Fucking

Headwounds

LABEL: TO LIVE A LIE

CAT#: TLAL49

FORMAT: LF

GENRE: Grindcore, Crust

BOX LOT: NA **SRLP:** \$12.98

UPC: 616983334744

EXPORT: NO RESTRICTIONS

Tracklist:

- ı. Body Snatchers
- 2. Left To Rot
- 3. Void
- 4. Strickly Stock
- 5. The Family International
- 6. Walking Target
- 7. Crustfund Youth
- 8. A Deguello
- 9. Tremenda Cagason
- 10. Greyman

INFORMATION:

Artist Hometown: Miami, FL

Key Markets: Fans of Florida Punk!

For Fans of: SHITSTORM, TORCHE, DISRUPT, FEAR OF GOD,

IN DISGUST, ASSUCK, DESPISE YOU, IRON LUNG

Finally here and in its full glory! The final testament of Miami's crusted grindcore powerhouse syndicate. Features members the singer from **SHITSTORM** and members of **HARDWARE YOUTH** and was recorded by Jon Nunez of **TORCHE/SHITSTORM** fame. Long live 305 grindcore! Album comes with a download code for full art and 320KBPS MP3s of the record.

Marketing Points:

- Members Of SHITSTORM & TORCHE
- Split Record Came Out on No Idea Records
- · Combination Of Crust & Grindcore Is Rare & Sought After
- · Comes With Digital Download Card



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NASHGUL / MALPRACTICE INSURANCE STREET DATE: Split, 7" AVAILABLE NOW!



ARTIST: NASHGUL /

MALPRACTICE INSURANCE

TITLE: Split

LABEL: TO LIVE A LIE

CAT#: TLAL83

FORMAT: 7"

GENRE: Grindcore

BOX LOT: NA

SRLP: \$5.48

UPC: 616983335079

EXPORT: NO RESTRICTIONS

Tracklist:

NASHGUL:

- 1. 2012
- 2. Estigma
- 3. Stimociver

MALPRACTICE INSURANCE:

- Incompetent Negligent Unethical
- 2. Ichorhaemia
- 3. Surgical Sabotage
- 4. Criminalisation Of Strange Behaviour
- 5. Post Op Complication

INFORMATION:

Artist Hometown: Spain & Los Angeles, CA

Key Markets: Spain, Germany, Australia, Los Angeles, DC,

New York, Baltimore

For Fans of: LOOKING FOR AN ANSWER, AGATHOCLES,

UNHOLY GRAVE, EMBALMING THEATRE,

ROT, DENAK

NASHGUL is Spain's premiere old-school inspired grindcore maniacs. They have been on more than a decade-long journey to grind your mind and there is seemingly no end in sight. This time they have enlisted the help LA's rising stars **MALPRACTICE INSURANCE**, a four year old grind/mince duo whose hard work pays off on this, their first vinyl offering. Amazing full-color artwork by Luison Sendon. For fans of **LOOKING FOR AN ANSWER**, **AGATHOCLES**, **UNHOLY GRAVE**, **EMBALMING THEATRE**, **ROT**, **DENAK**, and anyone who enjoys brutal, well recorded, tight-sounding, old-school worshiping grindcore.

Marketing Points:

- NASHGUL Has Been Around 11 Years & Played Maryland Deathfest
- Full Color Cover Art: Nice Cardboard Sleeve
- Bands From L.A. Find A Lot Of Love From All Of California



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NOCOMPLY NOCOMPLY, 7"

STREET DATE: **AVAILABLE NOW!**



ARTIST:

NOCOMPLY

TITLE:

NOCOMPLY

LABEL:

TO LIVE A LIE

CAT#:

TLAL₅₈

FORMAT:

GENRE:

Powerviolence

BOX LOT:

\$4.98

SRLP: **UPC:**

616983334782

EXPORT:

NO RESTRICTIONS

Tracklist:

- Fiend
- Dick Cop
- 3. Quarantine The Ugly
- 4. Start Shit
- 5. Monopoly II (Ansojuan)
- Extend Your Arm for the Fit
- Jesus' Whore (Capitalist Casualties)

INFORMATION:

Artist Hometown: St. Augustine, FL

Key Markets: Florida. Texas. California

For Fans of: ASSHOLEPARADE, INFEST, NO COMMENT,

MAN IS THE BASTARD, SPAZZ

The only times I am ever in favor of putting a number in place of a properly spelled word is on rap albums made before 1987 and on hardcore records when the word is Sk8. Florida's NOCOMPLY defiantly make the cut with eight blazing songs about skating, surfing, and not complying. Good, pissedsounding vocals. The songs are fast, tight, and, best of all- not contrived structurally. This is an awesome 7" keeping hardcore alive without being too formulaic. They're Gr8! LOL.

- Old Band from the 90's Reformed
- Ex-ANSOJUAN Who Did a Split With ASSHOLEPARADE
- Powerviolence Worship

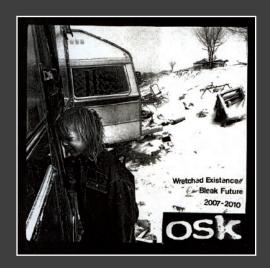






STREET DATE: **AVAILABLE NOW!**

Wretched Existence // Bleak Future: 2007-2010, CD



ARTIST: **OSK**

Wretched Existence // TITLE:

Bleak Future : 2007-2010

15. Mouth Pollution

16. Walking Asleep

18. Big Drinker

20. Creeper

Teeth

17. Lie Through Your

19. Ridged Thought

21. Earwig Master 22. Gobs From Reno

LABEL: TO LIVE A LIE

CAT#: TLAL₇₅ FORMAT: CD

Grindcore, Crust GENRE:

BOX LOT: NA SRLP: \$10.98

> 603111941424 UPC:

NO RESTRICTIONS **EXPORT:**

Tracklist:

- 1. E.V.P.V.
- 2. Empty White Box
- 3. Space Snakes
- 4. Giving Up
- 5. Endless Repent
- 6. Knowingly Ignorant
- 7. Arm Yourself
- 8. Beyond Control
- 9. Heavy Metal T
- Shirts
- 10. It All Means
- Nothing Now
- 11. Assume
- 12. No Dice
- 13. Blank Page
- 14. Stranded At Sea

INFORMATION:

Artist Hometown: Vancouver, BC, Canada

Key Markets: Canada, Europe

For Fans of: MASS GRAVE, WORMROT, NAPALM DEATH,

MAMMOTH GRINDER, HATRED SURGE, INSECT

WARFARE, NASUM, DISRUPT

OSK is an unrelenting grindcore force from Canada featuring members of MASS GRAVE. Seemingly lesser known than their crustier grindcore counterpart, this CD tosses together some already highly sought after EPs including tracks from their split with SCUMBELLY, ROSKOPP (the Colorado one), WARHERO, THE AFTERNOON GENTLEMAN, tracks from the Intellect and CYCI comps, and three completely unreleased tracks. This is some game- changing grindcore to say the least, songs seethe with blasts, slow parts, and invigorating changeups. As CDs are a dying format, MP3s are ruling the landscape and of course vinyl continues to keep people on the lookout, this is a perfect collection CD that TLAL couldn't be happier to bring onto the world.

Marketing Points:

- Grindcore/Crust with Slow Parts
- Members of MASS GRAVE
- Collection CD 22 songs & 3 Unreleased Tracks



independent

P.L.F.

Pulverizing Lethal Force, CD

STREET DATE: AVAILABLE NOW!



ARTIST: P.L.F.

TITLE: Pulverizing Lethal Force

LABEL: TO LIVE A LIE

CAT#: TLAL69 **FORMAT:** CD

GENRE: Grindcore

BOX LOT: NA **SRLP:** \$10.98

UPC: 827166205625

EXPORT: NO RESTRICTIONS

Tracklist:

- 1 Pulverizing Lethal Force
- 2 Have The Will To Stand Alone
- 3 Siege Of The Headbanger
- 4 Veteran Of Loserhood
- 5 Instant Disintergration
- 6 Human Shield
- 7 Pinnacle Of Weakness
- 8 Black Robe
- 9 Strangled In Icy Dreams
- 10 Fighting The Urge
- 11 A Grim Afterthought
- 12 Ripping Tighter
- 13 The Highest Honor
- 14 Imprison Yourself
- 15 Shrapnel Decapitation
- 16 Webs Of Entanglement
- 17 No Escape

INFORMATION:

Artist Hometown: Houston, TX

Key Markets: Texas; USA

For Fans of: NASUM, NAPLAM DEATH, INSECT WARFARE,

HATRED SURGE, PHOBIA

Repress of the long out of print first album by this Speed Trials crowned champion. Pulverizing old-school Texan grindcore assault with a twinge of thrash metal. Seventeen hyper-fast and aggressive tunes with no metal contaminations, just pure straight thrash metal grind. Recommended to the thrashers and straight grind bangers! Featuring an ex-member of INSECT WARFARE, RACE AGAINST TIME, KNUCKLESCRAPER, and REASON OF INSANITY! Re-pressed CD contains updated cover art.

Marketing Points:

- · Long Out Of Print CD, Re-Pressed
- Ex- INSECT WARFARE
- Amazing Long Full-Length with Updated Cover Art



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RAPE REVENGE

Paper Cage, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: RAPE REVENGE

TITLE: Paper Cage **LABEL:** TO LIVE A LIE

CAT#: TLAL82 **FORMAT:** 7"

GENRE: Powerviolence, Straight

Edge, Vegan, Queer

BOX LOT: NA **SRLP:** \$5.48

UPC: 616983334966

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Rates of Failure
- 2. Thirsty Crow
- 3. Reject Your Blood
- 4. Long Walk Home
- 5. Stunted
- 6. When the Meeting Ends
- 7. Messiah Complex
- 8. You're Over-reacting
- 9. Unruly
- 10. Root of Apathy
- 11. Lawful of Shit
- 12. All Grown Up
- 13. Illusion Of Property
- 14. Denounce Them
- 15. Donor's List
- 16. Herbivore

INFORMATION:

Artist Hometown: Calgary, Alberta, Canada

Key Markets: Canada

For Fans of: DEATH RATS, PUNCH, SICK FIX, LIMP WRIST,

GATHER, HATRED SURGE

RAPE REVENGE is a vegan, straight edge, queer-feminist band from Calgary, Alberta. They have been together for two years and have released a self-titled EP, a self-released a live cassette, and are now have this brand new record, Paper Cage, out on To Live A Lie Records. RAPE REVENGE has only played all ages shows (and a few guerilla parking lot and laundromat shows) since their inception, and is dedicated to the DIY all ages community. Members of **RAPE REVENGE** are involved in an all ages collective venue called Local Library, volunteer at the Distress Centre's Out-Is-Ok (a crisis line for the LGBTQQ2 Community), are members of the Rock 4 Choice Collective and the Calgary Zine Library Collective, and also volunteer for Food Not Bombs, The Good Life Community Bike Shop, and a shelter for sexually exploited youth. Members of RAPE REVENGE also work as addictions counselors, mental health advocates, and also at a locally run organic grocery store. RAPE REVENGE writes songs about queer issues, women's rights, child sexual exploitation, veganism, and anarchy. Their new EP features their fastest and blastiest material to date. Record comes with photocopied 'zine featuring the lyrics from the album.

Marketing Points:

- Full Zine of Lyrics & Explanation
- · Queer/Radical Political Outspokenness
- Vegan/Straight Edge Affiliation
- Highly Sought After Band
- Female Fronted



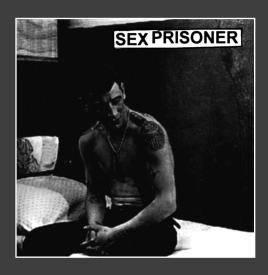
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SEX PRISONER Sex Prisoner, 7"

STREET DATE: AVAILABLE NOW!



ARTIST: SEX PRISONER

TITLE: Sex Prisoner **LABEL:** TO LIVE A LIE

CAT#: TLAL43

FORMAT: 7"

GENRE: Powerviolence

BOX LOT: NA **SRLP:** \$4.98

UPC: 616983334973

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Judgement
- 2. Unconditioned Hate
- 3. Ladies Of The Night
- 4. Piss When I Cum
- 5. Pulp
- 6. Fucked/Marred
- 7. Vanity
- 8. Snuff Film
- 9. Off My Chest
- 10. Lethargy
- 11. Position Of Power
- 12. Soft Skin

INFORMATION:

Artist Hometown: Tuscon, AZ

Key Markets: All over AZ, California, DC, Baltimore MD, NC, Germany

For Fans of: NEADERTHAL, INFEST, SPAZZ, CROSSED OUT,

MAN IS THE BASTARD

An alien ship landed in Arizona two dozen years ago, it abducted normal citizens and replaced them with brutal destructive powerviolence drones whose music would brainwash the citizens of earth. Pairing the tact of **NEANDERTHAL**, the crushing nature of **CROSSED OUT**, and the speed of a damn hurricane... this band came sweeping out of the west with gale force winds. Pressed a thousand copies so as to spread the alien word to as many people as alienly possible, amazing silver ink printed covers to help in the hypnosis. Twelve songs in twelve minutes.

- Second Press on Clear Blue Vinyl
- Great Seller
- Highly Rated With Reviewers





SIDETRACKED Uniform, 7" (one sided)

STREET DATE: AVAILABLE NOW!



ARTIST: SIDETRACKED

TITLE: Uniform

LABEL: TO LIVE A LIE

CAT#: TLAL57

FORMAT: 7" (one sided)

GENRE: Hardcore

BOX LOT: NA **SRLP:** \$5.48

UPC: 616983334959

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Misdiagnosed
- 2. No Pulse
- 3. Probable Cause
- 4. Repeat
- 5. Uniform
- 6. Follower
- 7. Runaway
- 8. On My Fists
- 9. Sociopaths
- 10. Repercussions
- 11. Who I Thought
- 12. Full Circle
- 13. Can't Relate

INFORMATION:

Artist Hometown: Tacoma, WA

Key Markets: Seattle/Tacoma, WA, Portland, OR, Texas, DC

For Fans of: NO COMMENT. INFEST. HATRED SURGE. NEOS.

LARM

Tacoma, WA's **SIDETRACKED** unleash their finest work to date. Thirteen songs of chaotic fastcore/powerviolence reminiscient of bands like **NO COMMENT, LACK OF INTEREST,** and **CAPITALIST CASUALTIES**. One-sided 7" comes with digital DIY download card where you can get the art and 320kbps MP3s of the whole album.

- Layout By Will Butler
- Popular West Coast Powerviolence Band
- For Hardcore Punk Fans Too





SUFFERING LUNA Suffering Luna, LP

STREET DATE: AVAILABLE NOW!



ARTIST: SUFFERING LUNA

TITLE: Suffering Luna **LABEL:** TO LIVE A LIE

CAT#: TLAL51 **FORMAT:** LP

GENRE: Powerviolence,

Psychedelic

BOX LOT: NA SRLP: \$12.98

UPC: 616983334812

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Sea Of Drugs
- Paranoid Delusions (I. Up For Days, II. Whipping The Horse's Eyes, III. Rising Moon)
- 3. Oh, Black Pyramid
- 4. Go Ask Alice
- 5. Sea Of Drugs
- 6. Up For Days
- 7. Freestyle
- 8. Rising Moon
- 9. Smoking On The Devil's Piss
- 10. El Pueblo Re. 213

INFORMATION:

Artist Hometown: Los Angeles, CA

Key Markets: LA & CA, Germany, New York

For Fans of: DESPISE YOU, DYSTOPIA, BASTARD NOISE,

MAN IS THE BASTARD, SISSY SPACEK

These are the recordings that pushed hardcore music farther than ever into L.A.'s anxiety ridden, misanthropic inner city world of psychedelics and hard drugs. First new **SUFFERING LUNA** release in a decade.

- Band Has Been Inactive Since The 90's
- Did a Split With DYSTOPIA
- · Long Playing LP





TORCH RUNNER Committed to the Ground, LP

STREET DATE: AVAILABLE NOW!



ARTIST: TORCH RUNNER

TITLE: Committed to the Ground

LABEL: TO LIVE A LIE

CAT#: TLAL84
FORMAT: LP

GENRE: Grindcore.

Blackened Hardcore

BOX LOT: NA **SRLP:** \$14.98

UPC: 616983334874

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Current
- 2. Incendiary
- 3. Feeding
- 4. Canon Cast
- 5. Clocked In
- 6. Committed to the Ground
- 7. Rede
- 8. Harrow
- 9. The Holy Are The Broken
- 10. Toiled
- 11. Pulpit Plague
- 12. Vestige

INFORMATION:

Artist Hometown: Greensboro, NC

Key Markets: NC, New York, Richmond VA, Florida, Germany

For Fans of: TRASH TALK, CONVERGE, NAPALM DEATH, NASUM,

BRAVE YOUNG, THE BODY, DISFEAR

Crushing blackened hardcore infused with grindcore from Greensboro, NC, **TORCH RUNNER** will leave your mouth agape with their heavy parts that turn seamlessly into blasts. Hometown heroes— this band is one of a kind. Covers come with screenprinted, hand-glued, vellum outerwraps.

- Member of a Very Popular Genre, Mixing Doom/Sludge with Blackened Hardcore
- TORCH RUNNER Has Gotten Noticed By Southern Lord Records
- TORCH RUNNER Has Toured the US Several Times





TOTAL FUCKING DESTRUCTIONChildhater, 7" flexi-disc

STREET DATE: AVAILABLE NOW!





ARTIST: TOTAL FUCKING

DESTRUCTION

TITLE: Childhater
LABEL: TO LIVE A LIE

CAT#: TLAL91
FORMAT: 7" flexi-disc
GENRE: Grindcore

BOX LOT: NA SRLP: \$4.98

UPC: 616983334904

EXPORT: NO RESTRICTIONS

Tracklist:

- 1. Kill For A Cigarette
- 2. Grendel
- 3. Childhater

INFORMATION:

Artist Hometown: Philadelphia, PA

Key Markets: USA

For Fans of: BRUTAL TRUTH, MARUTA, WORMROT, GRINDLINK,

GRIDE, AGORAPHOBIC NOSEBLEED, NASUM

Fresh from their Hater full-length, **CHILDHATER** brings even more hate with three new songs of blasting grindcore. Featuring Sir Rich Hoak, the drummer from **BRUTAL TRUTH**, **TFD** bring back their trademark odd-ball grind with all the tightness and intricacies you would expect from a band of this caliber. Not for the faint of heart!

- Drummer From BRUTAL TRUTH
- Nice Looking Flexi Record
- Established Grind Band That Has Worked With Relapse Records





XBRAINIAX Deprogrammed, LP/CD

STREET DATE: **AVAILABLE NOW!**



ARTIST: **XBRAINIAX** TITLE: Deprogrammed TO LIVE A LIE LABEL:

CAT#: TI.AI.40 FORMAT: LP/CD GENRE: **FASTCORE**

BOX LOT: NA

> SRLP: LP: \$10.98

> > CD: \$14.98

LP 616983334751 UPC:

CD 616983334713

16. Solanum

EXPORT: NO RESTRICTIONS

Tracklist:

17. Good To The Last Drop

1. The True Religion Of Broken Necks

18. Secede 2. Vigilante 19. The Audacity Of

3. Faith Mask

20. Fuck The Swindlers 4. No Love Lost

5. Kids Say The 21. Clandestine Darnedest Things Operation

6. Acrid 22. Our Thing 7. Baptism In Glass 23. This Is...

8. Desert Power 24. Moral Vacancy

25. Kralizec 9. Altered 10. Decaf 26. Trichinosis I

11. Candidate For A 27. Trichinosis II New Faith 28. Trichinosis III

12. We Are The Monster 29. Friend Request 13. Sirens Denied

14. Blatant Localism 30. Eroding 15. Rosary Noose 31. Deprogrammed

INFORMATION:

Artist Hometown: Troy, Michigan

Key Markets: The World

For Fans of: NEOS, LARM, NEANDERTHAL, HELLNATION,

MAN IS THE BASTARD

Modern fastcore's blackest cult ascends once more from its knighted abyss to deliver thirty-one hymns of infernal savagery. Only for true devotees to the Esoteric Order of Sonic Blasphemy. Twenty-seven minutes of music and forty minutes of enhanced material included on the CD version when inserted into a PC or a Mac. Full-color digipack CD or gatefold LP with 320kbps MP3s + digital enhanced material download card.

Marketing Points:

- Enhanced CD+ With Full Menu & Videos
- Great Looking Gatefold LP & Digipak CD
- Largely Popular Underground Band, First Anticipated Full Length



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ARTIST	FORMAT	LABEL	UPC	SRLP/ BOX LOT	ORDER QUANTITY	
ACXDC He Had It Coming	7"	TO LIVE A LIE TLAL64AB	616983334836	\$5.48 N/A		
ACXDC Second Coming	7″	TO LIVE A LIE TLAL64CD	616983334843	\$5.48 N/A		
ARCHAGATHUS Canadian Horse	LP	TO LIVE A LIE TLAL52	616983334768	\$14.98 N/A		
ASSHOLEPARADE Live in Rostock	10"	TO LIVE A LIE TLAL45	616983334737	\$14.98 N/A		
BACKSLIDER Maladapted	7"	TO LIVE A LIE TLAL83	616983334737	\$4.98 N/A		
BEARTRAP Sleep Eradication	7"	TO LIVE A LIE TLAL85	616983334881	\$4.98 N/A		
BRIAN WALSBY Manchild 6: Bye Bye Punk Rock	softcover book	TO LIVE A LIE TLAL90	9781621542858	\$10.98 N/A		
CAPITALIST CASUALTIES / NOCOMPLY A Painful Split	7"	TO LIVE A LIE TLAL60	616983334829	\$5.48 N/A		
CHEST PAIN Chest Pain	7"	TO LIVE A LIE TLAL72	616983334799	\$4.98 N/A		
CONGA FURY / SHITSTORM Split	7"	TO LIVE A LIE TLAL38	616983334775	\$4.98 N/A		
EDDIE BROCK / LAPSE Split	7"	TO LIVE A LIE TLAL65	616983334805	\$4.98 N/A		
GET DESTROYED Shut In	7"	TO LIVE A LIE TLAL63	616983334942	\$4.98 N/A		
MAGRUDERGRIND Crusher	10"	TO LIVE A LIE TLAL80	616983334706	\$14.98 N/A		
MEHKAGO N.T. Massive Fucking Headwounds	LP	TO LIVE A LIE TLAL49	616983334744	\$12.98 N/A		
NASHGUL / MALPRACTICE INSURANCE Split	7"	TO LIVE A LIE TLAL83	616983335079	\$5.48 N/A		
NOCOMPLY NOCOMPLY	7″	TO LIVE A LIE TLAL58	616983334782	\$4.98 N/A		
OSK Wretched Existence //Bleak Future : 2007-2010	CD	TO LIVE A LIE TLAL75	603111941424	\$10.98 N/A		
ACCOUNT CONTACT:		CITY:	STATE:	ZIP:		



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P.L.F. Pulverizing Lethal Force	CD	TO LIVE A LIE TLAL69	827166205625	\$10.98 N/A
RAPE REVENGE Paper Cage	7"	TO LIVE A LIE TLAL82	616983334966	\$5.48 N/A
SEX PRISONER Sex Prisoner	7"	TO LIVE A LIE TLAL43	616983334973	\$4.98 N/A
SIDETRACKED Uniform	7"	TO LIVE A LIE TLAL57	616983334959	\$5.48 N/A
SUFFERING LUNA Suffering Luna	LP	TO LIVE A LIE TLAL51	616983334812	\$12.98 N/A
TORCH RUNNER Committed to the Ground	LP	TO LIVE A LIE TLAL84	616983334874	\$14.98 N/A
TOTAL FUCKING DESTRUCTION Childhater	7″ flexi	TO LIVE A LIE TLAL91	616983334904	\$4.98 N/A
XBRAINIAX Deprogrammed	LP	TO LIVE A LIE TLAL40	616983334751	\$10.98 N/A
XBRAINIAX Deprogrammed	CD	TO LIVE A LIE TLAL40	616983334713	\$14.98 N/A
ACCOUNT CONTACT:		CITY:	STATE:	ZIP:
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